

How to Revise Effectively

Revising isn't about cramming the night before—it's about working smart, not just working hard. Use these tips to make your revision more focused, manageable and memorable.

Know What You Need to Learn

- Start with a checklist from your exam board or teacher.
- Break subjects into small, clear topics.
- Focus on what you don't know rather than what feels easy.

Create a Realistic Revision Plan

- Use a weekly planner to block out short revision sessions (25–40 mins).
- Mix subjects across the week to keep your brain fresh.
- Include regular breaks and time off—you'll be more productive!
(we have a blank weekly planner on the website that is free to download)

Use Active Revision Techniques

- Don't just read or highlight—do something with the information:
- Make flashcards or mind maps
- Teach the topic to someone else
- Complete past paper questions
- Use “Look, Cover, Write, Check” for key facts

Space it Out

Revisit topics every few days instead of cramming. This is called spaced repetition—it helps knowledge stick long term.

Practise What the Exam Will Ask

- Use past papers, mark schemes and model answers
- Time yourself to build exam stamina
- Get feedback from teachers or tutors on how to improve

Look After Yourself

- Sleep well and eat properly—your brain needs fuel!
- Get fresh air or exercise to boost focus
- Ask for help if you're feeling stressed